

## Business Woman Feared She Had Heart Trouble

"Since Tanlac has overcome a bad case of indigestion and nervousness of three or four years' standing for me, my work here in the store is a pleasure, and I am certainly grateful for the good health it has given me," said Mrs. J. W. Pickins, of 516 E. 15th St., Los Angeles, who owns and operates the book store at 219 Mercantile Place.

"I was so run down that I felt miserable all the time. My sleep was broken and restless, I had no appetite, and the gas from undigested food caused my heart to palpitate so I thought I had heart trouble. For a time I had a swelling in my legs, too, and it was an effort for me to get about."

"It is wonderful how Tanlac has given me such perfect relief from these troubles. I eat heartily now, sleep like a child at night, and just feel fine all the time."

Tanlac is sold by all good druggists. —Advertisement.

Some people make a specialty of thinking second-hand thoughts.

No man's secret is safe after a woman knows he has it.

## SPENT HALF HER TIME IN BED

Farmer's Wife Tells How Lydia E. Pinkham's Vegetable Compound Made Her a Well Woman

Carter's Creek, Tenn. — "Three years ago I was almost an invalid. I spent half of my time in bed, being afflicted with a trouble which women of a certain age are apt to have. I took Lydia E. Pinkham's Vegetable Compound Tablets and used Lydia E. Pinkham's Sanative Wash. I am a well woman now and have been for two years. I can work as well as any one who is younger and as I am a farmer's wife I have plenty to do for I cultivate my own garden, raise many chickens and do my own housework. You may publish this letter as I am ready to do anything to help other women as I have been so well and happy since my troubles are past." —Mrs. E. T. GALLOWAY, Carter's Creek, Tenn.

Most women find plenty to do. If they are upset with some female ailment and troubled with such symptoms as Mrs. Galloway had, the smallest duty seems a mountain.

If you find it hard to keep up, if you are nervous and irritable, without ambition and out of sorts generally, give the Vegetable Compound a fair trial. We believe it will help you greatly, for it has helped others.

## Bad Breath Is Usually Due to Constipation

When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus replaces it.

Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it today.

**Nujol**  
A LUBRICANT—NOT A LAXATIVE

CURES COLDS — LA GRIPPE in 24 Hours

CASCARA QUININE

Standard cold remedy world over. Demand box bearing Mr. Hill's portrait and signature. At All Druggists—30 Cents

**Cuticura Soap**  
—The Healthy—  
**Shaving Soap**

Strike Halts Executioner.

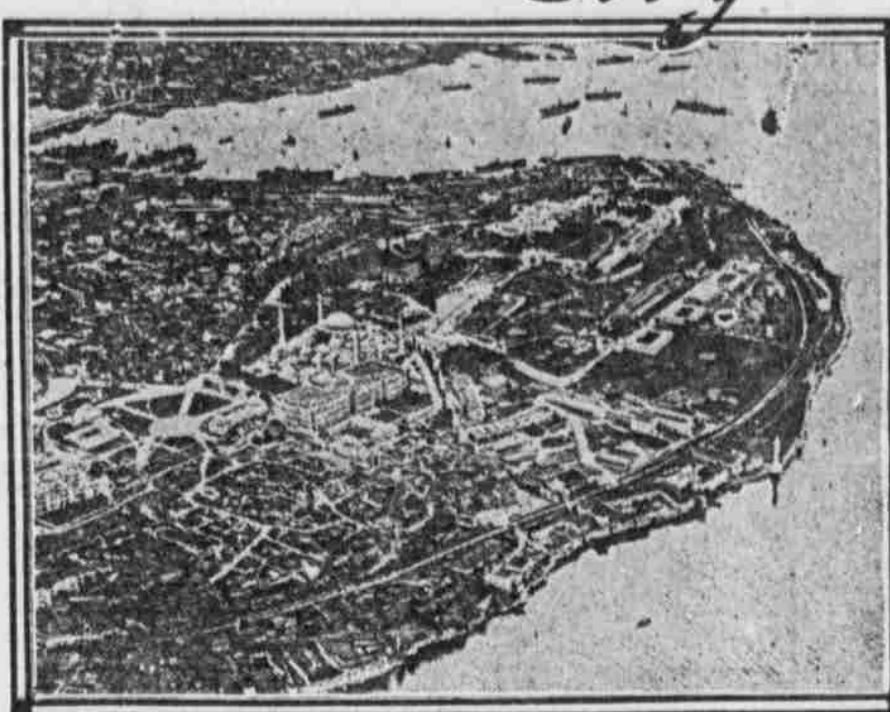
According to a report printed in *Golos Rossi*, an anti-Bolshevik Russian paper of Berlin, the workers of Archangel went on strike when the death sentences of three priests and five laymen for having resisted the confiscation of church property was announced by the soviet revolutionary court. After the strike had continued two days a telegram was received from the All-Russian central committee in Moscow commending the sentences to three years' imprisonment, and work was resumed.

Most people are willing to tell the truth if it hurts somebody else.

**Look to Your Eyes**  
Beautiful Eyes, like fine teeth, are the result of Constant Care. The daily use of *Murine* makes Eyes Clear and Radiant. Enjoyable. Harmless. Sold and Recommended by All Druggists.

**MURINE**  
For Your EYES

## Constantine's City



Airplane View of Constantinople.

(Prepared by the National Geographic Society, Washington, D. C.)

Few places in the world have exercised such a power of attraction for travelers as Constantinople, or have had such widespread reputation for being picturesque.

The severe, classic art of Athens is not found here; nor the dignity of Rome; nor the exciting, sullen spirit that permeates Peking. It is not gay like Paris, nor learned like Berlin. An archeologist would be better pleased with Egypt. But this is the place before which Gautier, Byron, Loti, De Amicis and Lamartine wept and swooned with delight before they sat down to fill books with ecstatic praises. But practical modernity has left its mark everywhere.

Already there are on all sides the changes due to western influence—trams, electric lights, telephones and a new safe bridge.

Constantinople's geographical position has made her sanguinary history, for she controls a high road of commerce between Asia and Europe, and Nature herself planned the ports. The city is divided into three separated quarters, Stamboul and Pera-Galata lie on the European side, the Golden Horn between them, and Scutari squats on the Asiatic side, across the Bosphorus. Like outstretched arms, the two straits come up from the Sea of Marmora to the south.

Galata and Pera are the European quarter, opposite Stamboul, where the representatives of foreign powers have long maintained their embassies and homes. Once the suburbs of Stamboul, this part of the city was known as Justinianopolis until the Genoese made it into an Italian town and fortified it with walls and many towers, one of which, the Galata Fire Tower, still stands, a lofty lookout station from which fires are reported and signals flashed to ships after dark.

Nowadays Pera's crooked streets are alive with allied soldiers, refugees, relief workers, adventurers, peddlers, beggars, and a few tourists. Passports, unless one has business, are difficult to get, and tourists are rarely seen.

The American residents number about four hundred, the largest colony between Rome and Manila. There is but little social life, and the only places of amusement are the cafes and restaurants, with their adjoining cabarets and moving-picture screens.

Galata Bridge Its Keynote.

While the Galata bridge between the European quarter and Stamboul still lives up to its tradition of having every nationality in the world cross it at least once an hour, it lacks some of its old charm, because of the Turkish people's renunciation of color. The men for the most part have adopted the European business suit, with which they wear a red fez, and the women's costumes are usually of black.

What the Rialto bridge is to Venice, the Pont Neuf to Paris, the Westminster to London, so is the Galata bridge to Constantinople—the keynote to the city.

A constant stream of polyglot peoples flows across the Golden Horn: Russian refugees, in pajama coats tucked into trousers grown too large; Armenian and Greek merchants and refugees; British, French and Italian army and navy officers; American sailors; Chinese, Japanese and Persian merchants; the last of the outmoded eunuchs; dervishes in brown, with cone-shaped hats; Cretans in baggy trousers and embroidered vests; Greek priests with black chiffon veils streaming from their hats; hamals (porters) with roomfuls of furniture on their backs; Arabs in yellow burnouses; maimed and diseased beggars; Mohammedan priests in pink or green robes; black troops in red caps and sashes; Jewish guides; American relief workers; Hindustani guards in twisted turbans and scarlet capes; an occasional woman gypsy in baggy trousers; Levantine tradesmen; Albanian peasants in embroidered white leggings; Hawaiians, Filipinos, and a few drummers from "points west of Chicago"—all these pass back and forth in the course of a day.

The taxes were recently doubled on the bridge, and the eight Turkish collectors were ordered to make the Turkish women, previously exempt, pay for

the privilege of crossing the Golden Horn. The women, however, indignantly refused, and at both ends of the bridge a constant conflict went on between protesting officials and the women, who slipped by with exclamations of anger.

The collectors did not have the temerity to lay hands on these toll evaders, because Turkish women were for so long a time the exclusive property of their husbands that custom still forbids a man detaining a woman by force in any sort of public argument.

The traditional sacredness that surrounds the person of a Turkish woman had a curious result during the war, for the Turks did not dare to search one of them, even though it was known that she carried unlawful messages in her garments.

On both sides of the bridge are docks for small steamers that take commuters back and forth between the Golden Horn and Scutari, the 15 stations of the Bosphorus, and the Princes Islands. At rush hours these efficiently operated boats are as packed as a New York ferry.

Stamboul Is Really Turkish.

If anything of the real Turkey is to be seen, Pera must be abandoned for Stamboul. In this ancient city, which was Byzantium and New Rome, the mosques, coffee houses, turbehs (domed tombs) and fountains remind one, even in their dilapidation, of the city's past days of greatness.

Although the houses are nearly all constructed of wood, they are never painted, for the Turks have a theory that if their property looks prosperous their taxes will be increased. So the window lattices crumble and fall, the boards sag, the shingles warp, and nothing is repaired.

The population is inactive and looks discouraged. Men sit in cafes and talk about the hard times. Old graybeards sit on the sidewalks and smoke nargiles. The letter-writer has a stand near the centrally located mosques, and still makes an excellent living from the Turks, few of whom can read or write.

A group of dervishes, who, like the city, have declined in picturesqueness pass slowly up the streets. Hamals, the native expressmen, stagger along, crying, "Make way!" As in the old days, kabobjees slice off strips of roasting meat to tempt the appetites of the passersby.

As in Pera, Russian refugees have been everywhere, selling flowers, kewpie dolls, oil paintings of Constantinople, cakes and trinkets, books and newspapers printed in Russian. They slept in the open streets and on the steps of the mosque. They loafed, begged, worked when they could find a job, and sometimes sobbed with hunger.

Burned Houses Not Rebuilt.

The devastating fires that have been working toward the destruction of Constantinople caused the city to be built anew every 50 years, until a law was passed prohibiting the construction of wooden houses on the site of burned ones; in fact, it was provided that no houses at all should be built until the city government planned new streets.

Nothing has been done about the planning, however, and the result is that one-fourth of Stamboul—more than 22,000 houses, burned during the past twelve years—still lies in ashes. Scutari, too, has vast ruined sections. So has Pera, on a much smaller scale.

The publisher of *The Orient*, the only American newspaper in Stamboul, says that the fires have caused the housing situation to become acute and the rents to mount enormously. In fact, it costs more to live in Constantinople today than in any other city in the world, not excepting New York. The city is especially crowded now with refugees and foreigners, who add 30 per cent to the population, which, according to estimated figures, now totals 2,250,000.

This overcrowded condition will grow worse until some one starts to rebuild the ruined areas. As Stamboul has stood since 300 B. C., it would be a crime against science to rebuild without scientific supervision of the digging and a systematic exploration of the site by archeologists.

## The American Legion

(Copy for This Department Supplied by the American Legion News Service.)

### THE PORT OF MISSING MEN

The United States Veterans' bureau has requested the American Legion to help find Robert Carter Page who disappeared recently from St. Elizabeth's hospital in Washington, D. C. According to a letter from C. W. Swan, chief of the division of information, Page is a neuro-psychiatric case and may have suffered from aphasia. His father is very anxious to get in touch with him.

Page enlisted in the army as a private, Flying School Detachment, Air Service, January 9, 1918, at San Diego, Calif. He was honorably discharged June 20, 1919. He is twenty-five years of age, about five feet six inches tall; has blue eyes, dark brown hair, and has a deep scar in the rim of his right ear. His complexion is sallow. It is believed he went to California.

He has been employed at the following places: Sellers Manufacturing company, Chicago; Cuyahoga Works, Cuyahoga, Cleveland, O.; 1234 Washington street, Chicago, and 168 Carpenter street, Chicago.

Page is a claimant of the United States Veterans' Bureau. Information as to his whereabouts should be forwarded to his father, W. H. Page, 150, the Portner Apartments, Washington, D. C., or to the Information Section U. S. Veterans' Bureau.

The Thirteenth Post No. 513, Brooklyn, N. Y., of the American Legion,

has requested that any information regarding the whereabouts of Frederick Pasch be sent to it, 357 Summer avenue, headquarters at the Thirteenth Coast Defense Command armory. Pasch disappeared July 25, having left home in apparent good health. He is a

World war veteran, having served overseas with the One Hundred and Fourteenth infantry, Twenty-ninth division. He is five feet nine inches tall, weighs 165 pounds, has brown eyes and hair, and is twenty-five years old. His wife's address is 312 Myrtle avenue, Brooklyn.

Headquarters, department of Texas, at Dallas, requests information as to the whereabouts of Cecil T. Lavender, last heard from at Bakersfield, Calif. His brother, William Irving Lavender, Box 96, Lancaster, Tex., is anxious about him. The missing man is described as six feet one inch tall, has brown hair and eyes, weighs 190 pounds, is thirty-six years old, and was wounded while in France.

A man by the name of Powers, killed accidentally in the Aloah logging camp in Washington, was buried by Hoquiam Post No. 16 of the American Legion, which is seeking the address of his relatives. The following information was obtained from Ottawa, Canada: "No. 33474; Clarence Raymond Powers; served with the Canadian overseas forces. Brother, John Powers, last address known, 533 Arch street, Philadelphia." The present address of John Powers could not be found in Philadelphia.

### GOOD USE OF HIS TRAINING

Former Soldier, New Merrill (Wis.) Legion Member and Policeman, Disperses Robber Band.

George Severt of Merrill, Wis., is another of those fighting men whom Uncle Sam trained for fighting and who has in peace times proved he was trained well.

Severt is a member of the Merrill police force. A gang of yeggmen, in the darkness of night, attempted to rob the post office. Severt discovered the outlaws, several in number at work on the vault. He challenged the lookout, as the American doughboy used to challenge on the firing line, and his answer was a hail of bullets. Drawing his revolver, Severt engaged in a battle of bullets, driving the robbers to cover behind a corner of the building.

Then the policeman, who is a member of the Edward Burns Post, American Legion, at Merrill, ran around the building to attack from the rear. And his attack was so hot that the yeggmen fled precipitately.

## Don't Be Penny Wise and Pound Foolish

Don't think because you can get a big can of Baking Powder for little money that you are saving anything.

There's Only One Way to Save on Bake-Day, Use

## CALUMET

The Economy BAKING POWDER



BEST BY TEST

—It costs only a fraction of a cent for each baking.

—You use less because it contains more than the ordinary leavening strength.

The sales of Calumet are over 150% greater than that of any other baking powder.



### THE WORLD'S GREATEST BAKING POWDER

#### Geographical Situation Counts.

The institutions of a country depend in great measure on the nature of its soil and situation. The manners of its inhabitants are in various ways modified by its position.

#### Important to All Women

Readers of This Paper

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

You may suffer pain in the back, headache and loss of ambition.

Poor health makes you nervous, irritable and maybe despondent; it makes any one so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine, will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by parcel post. You can purchase medium and large size bottles at all drug stores.—Advertisement.

In Luck.

"Friend," said Cactus Joe to the stranger in Crimson Gulch, "you have held four of a kind three times, a royal flush twice an' several ace fulls."

"Lucky, I call it."

"You're luckier than you think. The boys here is willin' to let you go your way intact provided you start immediate. There won't be any gun play unless you linger. The big luck fur you is the fact that you happened to pick 'Safety-first' week for your performance at this here card table."—Washington Star.

The average man never misses an opportunity to show off before a pretty woman.

It would be strange if the company a man keeps didn't know him.

#### His Meaning.

"In the crucial hour of our country's history," rotundly said Senator Greed, "It behooves every patriot to rise above mere matters of personal pique or petty party advantage."

"I understand," replied Hostetter Smith. "You mean, Senator, that they should all vote for you?"—Kansas City Star.

#### His Way.

"Where's dad?" "Listening to a sermon by radio." "Why, he's sleeping peacefully." "Well?"—Louisville Courier-Journal.

#### Now Is the Accepted Time.

"If you have ears prepare to show them now," murmurs the reader of fashion's autumn prophecies.

## W.L. DOUGLAS

\$5 \$6 \$7 & \$8 SHOES FOR MEN & WOMEN

W. L. Douglas shoes are actually demanded year after year by more people than any other shoe in the world.

W. L. DOUGLAS shoes are made of the finest material and workmanship are unequalled for the price. It is worth while for you to know that when you buy W. L. Douglas shoes you are getting the benefit of his 40 years experience in making the best shoes possible for the price.

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TO MERCHANTS: If no dealer in your town handles W. L. Douglas shoes, write to W. L. Douglas Shoe Co., 30 Sparks Street, Brooklyn, Mass. We will send you a sample shoe and tell you how to handle this quick selling, quick turn-over shoe.

"HOW TO MAKE MONEY" 46 pages of facts. Send 10c. J. H. NEWELL, 192 N. Winchester Ave., CHICAGO, ILL.

W. N. U., OMAHA, NO. 48-1022.

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**Stock Raising, Dairying and Mixed Farming**  
secure for the industrious settler ample returns for his energy. Clearing the cost of one's farm with a single year's crop has been accomplished by hundreds of Western Canadian farmers. Taxes only upon land (not on improvements). Perfect climate, attractive social conditions, good neighbors, churches, schools, telephones, excellent markets and shipping facilities make life happy as well as prosperous.

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Don't cut the DASH. Keeps car warm any day. Put on in 15 minutes. Postpaid, C. O. D. 10c extra. **UNIVERSAL MFG. CO.** 1844 O Street Lincoln, Neb.

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Putnam Fadeless Dyes—dyes or tints as you wish